

TERMS OF SERVICE

This Terms of Service (this “Agreement”) applies to all services and products (the “Services”) provided by Rust Belt Running, LLC (“RBR”). Please read this Agreement carefully before registering.

ACCEPTANCE

BY SIGNING UP FOR A TRAINING PROGRAM, YOU ARE CONSENTING TO THE FOLLOWING TERMS AND CONDITIONS GOVERNING YOUR USE OF THE SERVICES. IF YOU DO NOT AGREE TO ALL OF THE TERMS OF THIS AGREEMENT, DO NOT CONTINUE WITH THE PURCHASE OR REGISTRATION.

SERVICES

RBR primarily provides an online running coach and program for aspiring runners to connect with experienced running coaches, to assist them in training in preparation for goal events.

The Services are offered in packages specified on our website, which may be updated from time to time. RBR facilitates the Services by providing an online running program. With the purchase of a training program, you will receive a customized training plan/log for the duration of each program.

YOUR RESPONSIBILITIES

You are responsible for completing the registration process accurately by providing all the required information; continuing to utilize medical professionals as you normally would; immediately seeking professional medical attention if you experience illness or medical complications;

You acknowledge that any information provided by RBR coaches is not medical advice and should not be utilized in lieu of professional medical attention.

Providing accurate payment information;

Making best efforts to maintain scheduling commitments;

Communicating honestly and truthfully with your running coach;

Disclosing any relevant information to your coach, including injuries, or medical information to your coach;

Reading, understanding, and complying with the RBR Liability Release and Waiver, which can both be found at www.rustbeltrunning.com/legal.

You acknowledge that your program is written for you alone, and that distribution of it to others may result in termination of this service.

RBR RESPONSIBILITIES

We are responsible for:

Design of an individualized training program taking into consideration the runner's current fitness level and future goals.

To be continually be available online to offer advice on any running-related matters.

To reply to emails within 24-48 hrs (except during public holidays)

NO GUARANTEE

The parties hereto acknowledge and agree that RBR cannot guarantee the results or effectiveness of any of the services rendered or to be rendered by RBR. Rather, RBR shall conduct its operations and provide its services in a professional manner and in accordance with good industry practice. RBR will use its best efforts and does not promise results.

HEALTH AND SAFETY

Your safety and health is our main priority. It is important that you consider your own health and safety, to ensure that you are suitably fit and well to participate safely in the training program. If you are in any doubt as to your suitability to engage in the sessions and events, you should consult your doctor, especially if any of the following apply:

If you have ever been told you have a heart condition or feel pain in your chest when you exercise

If you take medication for your blood pressure or any other heart condition

If you ever lose your balance because of dizziness or pass out/lose consciousness

If you have any bone/joint problems that a change in your physical activity could make worse

If you know of any other reason why you should not engage in physical activity

You confirm that you have read and understood this information, and have taken the necessary steps to confirm your suitability to participate in the training sessions. You also confirm that you are voluntarily engaging in an acceptable level of exercise, and understand that your

participation involves a risk of injury. RBR accepts no liability for any such injury, however sustained.

SOCIAL MEDIA

We are excited to celebrate your progress and success. We will, on occasion, ask if we can share images and videos of you in training on our social media channels. Posting will never happen without your permission.

If we are tagged in a post, that will be viewed as permission to share with credit.

PAYMENT

All coaching services must be paid for by bank transfer, credit or debit card.

RBR will send an invoice in your Welcome email. Due date for services will be 7 days after this email has been sent, to allow time for on-boarding and client intake. Invoices will be sent monthly, due dates are subject to change. Payments will be due monthly.

CANCELLATIONS & REFUNDS

Once a program is purchased, it is not cancellable or refundable for any reason.

RBR reserves the right to charge you for service if notice of cancellation is not received 14 days before the assigned due date. Notice must be sent to rustbeltrunning@gmail.com.

If any refund is issued at any point, RBR reserves the right to withhold any incurred fees from the refund.

TERMINATION

RBR reserves the right to refuse registration, cancel your program or terminate the Services if we deem it inappropriate or if you violate the terms of this Agreement.

CHANGES

RBR may make changes to this Agreement at any time with or without notice to you. Any changes will be published to www.rustbeltrunning.com/legal.

You are responsible for periodically checking for changes to this Agreement. Your continued use of the Services after publishing changes constitutes your acceptance of any such changes.